



Stowupland Sports Centre 2022-23

Holiday Activities:

An exciting change to the Sports Centre offer has been the provision of holiday activities to children within the local area of Stowupland and Stowmarket.

A local multi sports provider, Kicks and Tricks, provide holiday camps from 8am-6pm covering the needs of working parents. Their camp attracts an average of 25 children a day.

Our holiday provider has also visited the primary school and offered the children a free taster day or activities offered at the session.

Children in receipt of free school meals are also able to attend the camp using HAF funded vouchers, providing opportunities for all children in the community.

The centre also offers specialist events such as princess workshops and dance workshops which see up to 40 children attend daily. The Ipswich Town Football Camps can see up to 60 children a day. This day is really inspiring for the children in the village as usually a Ipswich Town player comes and

speaks to the children about their career and how to achieve this.

This week alone Monday 3rd April-Thursday 6th April we have seen 190 children through our doors, with an expected 271 children next week. This is great for the community of Stowupland.

New to the centre is pop up inflatable sessions which started last weekend and will be on various dates throughout the year and that brought 65-75 children through the doors with their parents.

We are excited to see what summer brings in terms of camps and participation numbers.

Community use:

The centre has grown its class offer this year too. We currently have 7 adult fitness classes a week ranging from Zumba, to beginner's fitness and karate. We also have weekly children's dance and martial arts classes.

Through the winter months we have local football clubs including Stowupland Falcons that use the sports hall for winter training.

Through classes and winter hall bookings we have an average of 450 users of the centre each week during the months of October to end of March.

Gym memberships have increased with the addition of a couples membership.

The new sixth form building is used to hold some of our classes and also as a conference venue.

As well as the sports centre growing, we are trying to grow ties with the community too. I have taken up Stowupland High Schools place on the village hall committee and look forward to the new developments.

The school are continuing to pay for the dog bins along the school site for community dog walkers across our site and continue to lobby the county council to improve footpaths across the site. JMAT Trustees have established a sustainability community and are looking at ways of planting new hedges and trees as well as improve the fringes of the school site to improve biodiversity.

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